Many people suffer these days from chronic fatigue, also called Myalgic Encephalomyelitis (M.E.), or Fibromyalgia. There does not seem a cause for it; at least not one that can easily be found by the medical profession.

There are theories that it is caused by a virus. Some experts claim it is the Coxsackie virus; others claim it is caused by the Epstein-Barr virus. But these remain theories. The two viruses can definitely cause a lot of problems, but chronic fatigue does not seem to be one of them. Of course, these viruses may be found in those who have chronic fatigue, but they may not be there as the causal factor, but as a result.

The helicobacter bacteria is often regarded as a possible cause of stomach ulcers, but is not. The two are often found together, but cause and effect have been confused. The same applies to smoking and lung cancer, or heart and vascular diseases. ‘Specialists’ say smoking is the cause of those illnesses. Again, they often go together, but not in a cause-effect relationship. Lung cancer, heart and vascular diseases, and smoking are all a result of the same thing; namely stress.

You experience stress because you are not capable of doing the things you need to do, or think you have to do them. You may do them on will power alone. Willpower is often seen as something very positive, but it does not have to be like that. If it is not coupled to being stark and powerful with a lot of drive, then it is useless. Then will power takes energy of which you do not have enough anyway. This willpower causes stress, which takes away even more energy.

But how can such a thing get into motion at all?

We hear ever more of the chronic fatigue syndrome. More and more people seem to suffer from it. It definitely is a civilization problem. But what is the main cause? It is electron spin inversion. What is this?

Every atom has its own nucleus, and around the nucleus turn the electrons. Just like the planets turn around the sun. Every planet also turns around its own axis, as do the electrons. If one has an electron spin inversion, those electrons start turning the other way, around their own axis.

This event is very detrimental to the body. The first symptoms are:

a. You are tired even after a good night sleep, and
b. You get ever more environmental allergies.

If this is the case, people are absolutely therapy-resistant. They will not react positively to any therapy. They may react the opposite way on medicine, on massage, on acupuncture, on homeopathy; simply on everything. The body works against itself. It does not absorb any nutrients anymore. Simply nothing will work, or works the other way. All kinds of things that patients used to enjoy, are not enjoyable anymore. These patients often become electro-sensitive, meaning that a TV or a computer puts them down.

This electron spin inversion is always caused by an external magnetic field. It can be electromagnetic or geo-magnetic, meaning it can be produced by electrical appliances, or wires, or by disturbances in the field of the earth.

Electromagnetic Fields

In our present civilization, we are confronted with more and more appliances: TVs, computers, stereo sets, clock radios, electric stoves, waterbeds, etc. Furthermore, we have the power cables (also of trams, trains and trolley buses) and the high voltage cables. All these appliances and wires create a huge magnetic field. And this field attacks the body. If the body is strong, it might be able to resist, or will not be affected by it. But if it gets weakened by a simple cold or by an emotional shock, then the field is suddenly strong enough and gets a hold on the body; it is like a terrier – it does not let go. Then the magnetic field stops the electrons and pulls them the other way round. You might not be aware that you are in such a magnetic environment.

Television sets, computers, etc. do not radiate much at the front. But at the back and sides!!! The magnetic field
radiation at the back of a computer is 100 times stronger than at the front. With a TV it is the same. So you might be living in the field of the computers of your colleagues, or your neighbors. Magnetic fields cannot be stopped by a wall – they go right through it. Have you ever checked where your neighbors have placed their computers or TVs???

Beds are also a big source of spin inversion. In the first place, there is the clock radio. It gives out a large magnetic field, and particularly when you are asleep, it can do a lot of damage. Clock radios are the main cause of migraine. About 50% of all migraine disappears when people put the clock radio at least 1 to 2 meters away from their beds. The other big source of spin inversion in beds are the spring mattresses, and even worse, the box springs and the waterbeds.

3000 nT

The body can handle a difference in the magnetic field that it is exposed to up till 3000 nT (nanoTesla). The springs that are in a bed are all made of metal, and all have a positive and negative pole. The mattress manufacturer, however, does not check which spring has its positive pole on the top, and which spring has its negative pole on top. If it were all equal, it would do a lot less damage. But it is not. By one spring having its positive end up and the other spring on the negative pole, we create a difference in the magnetic field.

And the more appliances (clock radios, TVs, radios, computers) there are in the bedroom, the more magnetized the springs become, the stronger the difference, and the more chance for a spin inversion.

Box spring mattresses: Worse. There we have two springs above each other, thereby amplifying in a positive or negative way, or neutralizing magnetic fields. Sleeping on a box spring mattress is almost a guarantee of an electron spin inversion.

Waterbeds have a huge electrical heater under the bed. Its magnetic field is enormous.

Chairs

I have, on occasion, been called in to test for an electricity company that was worried about some of its employees, who got sick the moment they turned up for work, and there was nothing physical or psychological that doctors could find. I found the problem in the chairs on which these people sat. The chair had two metal armrests. Those armrests had opposite polarity, and there was a field difference of 9000 nT from one side to the other side. This field goes right through the body, and the body cannot handle such a difference. We changed the chairs and the problem was solved.

Geomagnetic Fields

We all know that the earth has a magnetic field. This field gets temporarily disturbed by sunspots or solar flares. When this occurs, we see earthquakes, volcanic eruptions, suicides, a four-fold increase in heart attacks, and a ten-fold increase in traffic accidents. But I do not want to talk about this now. This field is a grid. And on this grid there are a lot of disturbance spots. The human being can easily handle these disturbances.

Sometimes an underground water stream or an old mineshaft creates such a problem that our bodies cannot handle it. But there are other, more common problems.

We add to those disturbances by our building methods, especially reinforced concrete. Reinforced concrete has a lot of iron bars in it. These iron bars are highly magnetic, and all have their positive and negative poles. If the manufacturers would place all the iron bars in such a way that we would have an equalized field, there would be no problem. But they do not pay attention to it. So we have a similar problem as with the springs in a bed. There is then a disturbing geo-magnetic field that causes the body to spin the wrong way.

There are more things wrong with our buildings which can also cause spin inversion, like the places where water or sewage pipes run, the floor heating system, places where the electricians put the wires, even the water or sewage pipes run, the floor heating system, places where the electricians put the wires, even the meter cupboard. All simply because they do not know how much damage this ‘comfort’ causes our body.

High-Voltage Tension Wires

The high-voltage tension wires that run through the country also cause spin inversion. The range of such a field is about 1 mile to either side of a wire. Average tension on these wires is 360,000 volts. In some places in Europe there are already wires of 720,000 volts. Since magnetic fields decrease over distance, there is not much danger, if you live one mile away. But the closer you get to the wire itself, the higher the risk on electron spin inversion.

Magnetic Beds or Mats

A lot of shops and dealers sell magnets or magnetic beds, inlays for shoes, etc., in order to help you feel better. Generally this does work. You feel better, but you are not. In fact you are worse. What has happened? Our body evolved in a field of about 0.5 Gauss – the earth’s magnetic field.

Even a little horseshoe magnet has a strength of about 28,000 Gauss, which is 56,000 times stronger than the field in which the body feels well. This causes maximum stress to the body. The body reacts with the production of endorphins. Endorphins are the body’s own morphine. These endorphins make you numb, you do not feel anything anymore, therefore including your all problems, and so you feel ‘better’. Pains go away.

But in actual fact, you are destroying the body’s own immune system by paralyzing it. In fact you may be creating your own auto-immune disease, because high endorphin levels are characteristic for all auto-immune diseases. An aspirin does the same thing, as does marijuana. It makes the body produce endorphins.
Production is controlled by the pituitary gland and carried out by all the nerves in the body. Have you ever asked yourself how an aspirin exactly knows where the pain is? Well, it does not. It simply disturbs the pituitary gland, which instructs ALL the nerves to produce endorphins. At the same time you get rid of your pains, you might create a spin inversion, which brings other, possibly more serious diseases.

**What To Do About It?**

Can we do something about the problem? Yes, we can. In the first place I have to inform you that unfortunately, the electron spin inversion is pure physics. Not chemistry. So the medical profession, although ever more working with physics, is not trained to look at these things, nor are they able to, by lack of suitable instruments.

A lot of electro-acupuncturists have such devices with which they could detect a spin inversion, but they often lack the knowledge. Far less therapists have the possibility and knowledge to correct a spin inversion. It only takes two minutes. And after those two minutes your life might look very different, as many people have already experienced. A woman who had not left her house in twelve years and had numerous environmental allergies was totally healed after those two minutes. I could give you numerous experiences in which so-called miraculous healings have taken place.

Leukemia is a disease which in 100% of the cases is due to a spin inversion.

**How can You Test if Someone has a Condition of Electron Spin Inversion?**

There are a few ways.

With a device for electro acupuncture according to Voll (EAV), whereby you measure the acupuncture points. There are 3 meridians which react most immediate on a spin inversion and they are the Triple Warmer, Heart and Circulation meridians. Other meridians might react too, but not always. Normally when measuring the readings are steady or show a slow drop.

When a body is suffering from spin inversion, most of the points on the fingers will show a sharp drop. If one sees such a drop further diagnosis is of no use, because bodies in this condition cannot be diagnosed properly.

Sometimes, unfortunately ever more, people show no disturbance at all. This is frequently the case with M.E. They show no disturbance even with a spin inversion. Everything seems in order. Those people have a very high production of endorphines, the body's own morphine. High endorphin production is characteristic for autoimmune diseases. A pain killer does the same thing. Any aspirin causes all nerves of the body to produce endorphins. That is why the pain disappears no matter where the pain sits. Cardiologists also prescribe aspirine as blood thinner.

The aspirin causes the body to produce endorphins. The endorphins relax the body, after which the blood vessels become wider, and then the blood has more space and becomes thinner.

That is why in cases of ME nobody can find anything; because all disturbances are suppressed. In these cases the spin inversion is not detected, but if those people do not react on therapy or adversely react, then they MUST have a spin inversion.

Another way is with kinesiology. If you do the muscle test, your muscles should become weaker when you take sugar in your hand. If the muscle becomes stronger with sugar, then you have a spin inversion. Sugar is a left-spinning substance.

**Correction of Electron Spin Inversion**

There are a few ways to correct a spin inversion:

1. with a bioresonance or photon resonance device
2. with an EAV device
3. with Kinesiology
4. with Chiropractic

I will now describe the easiest, and in my opinion the most effective way – through a photon resonance instrument. Your EAV specialist, Kinesiologist or Chiropractor will tell you how the other ways work, and what he or she can do for you. Many Chiropractors are also Kinesiologists or EAV therapists, so they will have various ways of doing things. The important thing is that they pay attention to this phenomena, because it happens in about 25% of the patients that are coming for treatments, in the about 1000 practices where I have trained practitioners.

**Correction by Means of Bio- or Photon Resonance**

The treatment is very easy when you have the right instrument to do it with. The instrument needed has to be a bioresonance or photon resonance device, like the Health Angel StarLight.

You take a drop of blood from the finger and put it on a paper tissue. *(With blood it works always immediately; you may also take saliva, but then results are mixed.)* You put it in a cup connected with the input of the device. In this cup sits a copper or brass spiral, which turns clockwise downwards. This blood has a 100% resonance with the patient,
because it is his or her own. That is why an absolute
minimum quantity of blood is sufficient. Because of the
spiral, this blood gets the right spin. Then you give the
patient two electrodes in the hand and let therapy run for
two minutes.

Then the spin inversion is gone. When you measure
again, you will find all readings a lot higher; the sharp
drops have disappeared. Subsequently, you can continue
with diagnosis and therapy.

If people have a suspected endorphin production,
this therapy works equally well, and the endorphin
production might come to an end. The body produces
namely endorphins when it is under extreme stress; be it
physical, chemical, emotional or otherwise. Due to the
removal of the spin inversion the stress might disappear.

Endorphin production is under supervision of the
pituitary gland, the center of discrimination in the body.
It has to discriminate what is good and what is bad. If
that gland does not work properly, you have a problem,
because you feel better but are in fact worse (Joggers High and
a Marijuana High are also caused by extreme endorphine production).

But Can We Keep It From Happening Again?

In order to avoid a spin inversion happening again, we
have to look for the cause. It is not always in the home,
or in your office or work place.

Sometimes you become suddenly tired when you
 go into a shopping mall. There are so many disturbing
magnetic fields there, that is enough to make even the
most healthy person weak. And that could be the cause.
If that is the case you do not have to worry about getting
it again, unless you go again to that shopping mall.

You have to change your environment, put the clock
radio further away from your bed, replace your bed
and mattress with items that do not contain any metal,
change the set up of your computers or TVs. You simply
have to look at what could be the cause – But the real
cause is of course YOU. You should be able to withstand
those fields.

The strength of our bodies’ own magnetic field is
dependent on the energy that we have available. The
speed at which the electrons turn is also dependent on the
energy that they have. The more energy, the faster they
turn. And the faster they turn, the more difficult it is for
such an external magnetic field to get a hold on them.

So, in that case, we have to accumulate energy. We can
do that by eliminating a lot of disturbances in our bodies.
The cleaner we are, the more energy we have. We have
to be open for the light. If we are not open to that, we
remain in the dark ages with all the consequences.

Imagine yourself as a tree. The insects come and are
a real plague to you. Why are they there? Where do they
suddenly come from? Why you? Why not another tree?
The reason: Because YOU attract them.

What is it that attracts those bugs? Your vibrations. If
you were tuned just a bit higher, those insects would not
have been attracted to you. You happen to vibrate at the
same low level as the insects. It is simply love at first sight.
Those insects are a sign, a sign that you (the tree) have fallen
ill; that you have to make your immune system stronger.
You have to grow out of it!

Shape Up or Ship Out

You have to raise your vibrations to get out of
resonance with those bugs. If you have it done with
insecticide, your immune system does not improve. It
gets weaker, the vibrations are getting even lower, and
now the waiting is only for the next series of plagues.
They will give you another chance on improving your
immune system. Take it or leave it. Most people leave it
and take antibiotics or some other drug. Trees get more
pesticides. We simply do not take the time to be ill.

Those pesticides weaken the tree even further. Nature
first sends insects, then other bugs, then fungi, then
bacteria and viruses to try to get you to DO something
about your system. If you do not, your system will
degenerate ever further. Nature sends all those creatures
to clean up the weak: Shape up or ship out.

If you shape up, if you increase your vibrations, you
move out of resonance with the bugs, the bacteria, the
viruses. They will not even see you. Everything is based
on resonance. If your vibrations are so low that they
match the vibrations of bacteria, you will attract them:
Like attracts like. Healthy people have high vibrations.
Every disturbance, whether it is emotional, mental, or
physical, lowers those vibrations, because the disturbance
is of a lower vibration itself. The light that is emitted
by all the cells gets chaotic instead of coherent, thereby
losing its capability to communicate properly.

Responsibility

You are the only one responsible for your body – for
your life. You cannot place that burden on the shoulders
of medical doctors, government, churches, trade unions,
insurance companies, etc. We have all been led to believe
that they could take that responsibility, but now we are
finding out that they cannot, and have never been able to.

Take the responsibility back into your own hands.

That is going to be accompanied by a fear, simply to
trust yourself. Do not go by what you think, because in
your brain is only what others have programmed you to
think. Go by your intuition, by what you feel.

Do not confuse this feeling with emotions. Those are
totally different.